

Activity Enjoyment Inventory

Please indicate how much you enjoy, or think you might enjoy, each recreational activity listed below. In the space provided by each activity, under the appropriate column (husband and wife), circle one of the following numbers to reflect your feelings: 3 = very enjoyable; 2 = enjoyable; 1 = somewhat enjoyable; 0 = no feelings one way or the other; -1 = somewhat unpleasant; -2 = unpleasant; -3 = very unpleasant. Add to the list, in the spaces provided, activities that you would enjoy that are not listed. In the third column, add the ratings of both you and your spouse only if both ratings are positive. The activities with the highest sum are those that you select when planning recreational time together.

Activity	Husband's Rating	Wife's Rating	Total Rating
Acting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Aerobic Exercise	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Amusement Parks	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Antique Collecting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Archery	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Astronomy	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Auto Customizing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Auto Racing - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Baseball - playing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Baseball - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Basketball - playing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Basketball - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Bible Study	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Bicycling	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Boating (ride)	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Boating (own)	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Body Building	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Bowling	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Boxing - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Bridge	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Camping	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Canasta	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Canoeing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Checkers	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Chess	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Church Services	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Coin Collecting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Collecting _____	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Collecting _____	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Computer Programming	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Computer Games	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Computer _____	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Concerts - Christian	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Concerts _____	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Croquet	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Dancing _____	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Dining Out	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Facebook	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Fishing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Flying - pilot	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Flying - passenger	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Football - playing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Football - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Gardening	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Geneological Research	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____

Golf	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Guns	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Ham Radio	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Handball	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Hiking	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Hockey - playing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Hockey - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Horseback Riding	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Horse Shows - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Horse Racing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Horseshoe Pitching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Hot Air Balloning	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Hunting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Ice Skating	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Ice Fishing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Jogging	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Judo	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Karate	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Knitting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Metal Work	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Model Building	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Manopoly	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Mountain Climbing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Movies	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Museums	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Opera	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Painting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Photography	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Pinochle	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Plays	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Peotry - composing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Poker	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Polo - watching	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Pool or Billiards	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Quilting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Racquet Ball	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Remodeling - home	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Rolle Skating	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Rock Collecting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Rowing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Rummy	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Rv'ing (camping with a "tude")	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Sailing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Sculpting	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Shooting - Skeet / Trap	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Shooting - pistol	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Shopping - clothes	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Shopping - groceries	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Shopping - vehicles	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Shopping _____	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Shuffelboard	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Sightseeing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Singing	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Skiing - Cross country	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Skiing - downhill	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Skiing - water	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____
Skydiving	-3 -2 -1 0 1 2 3	-3 -2 -1 0 1 2 3	_____

